

STACEY CHILLEM

Media Pack



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A portrait of Stacey Chillemi, a woman with long blonde hair, smiling and resting her chin on her hand. She is wearing a white top with gold trim.

STACEY'S BIO

Stacey was chosen as one of the Top 10 Entrepreneurs in 2023 at Apple News, displayed within a feature in Grit Daily! She is an entrepreneur, speaker, author, coach, and podcaster of the show, The Advisor with Stacey Chillemi.

Stacey Chillemi has had over 20 best-selling books published. She recently launched her new books, "*Empower Yourself and Not Let Your Conditions Empower You*," The Positivity and Gratitude Journal," and the latest version, "*Epilepsy You're Not Alone*."

She is the founder of The Complete Herbal Guide, and she has empowered hundreds of thousands of people from countries worldwide through her books, websites, e-courses, educational videos, and live events.

Hundreds of thousands of people have enjoyed the warmth, humor, and transformational power of Stacey's health and personal development events, articles, and books for over two decades.

People from around the world have tapped her for personal coaching. She is a health, lifestyle, and epilepsy coach. In addition, she has changed people's lives through numerous speaking events.

She speaks at small, medium, and large events. Although, size doesn't matter. What matters is that she is helping people positively transform their lives.

Stacey has spent the last 25 years using her abilities to give back. She is on Epilepsy Patient Advisory Council, sponsored by Sunovion Pharmaceutical and Eisai Pharmaceutical. She does community volunteer work for H.O.P.E. Mentor for the Epilepsy Foundation, Volunteers and Advocates for the Family Resource Network: A leading provider of family support services to individuals with intellect, a Board Member for the Monmouth Ocean Community Impact Board, and Volunteer, advocate, and service provider for getting FIT.

Stacey Chillemi wrote for the Huffington Post and Huff Post and writes for Thrive Global and BuzzFeed.

Ariana Huffington also personally asked Stacey to review her book on sleep deprivation and did a live web stream with her on Facebook.

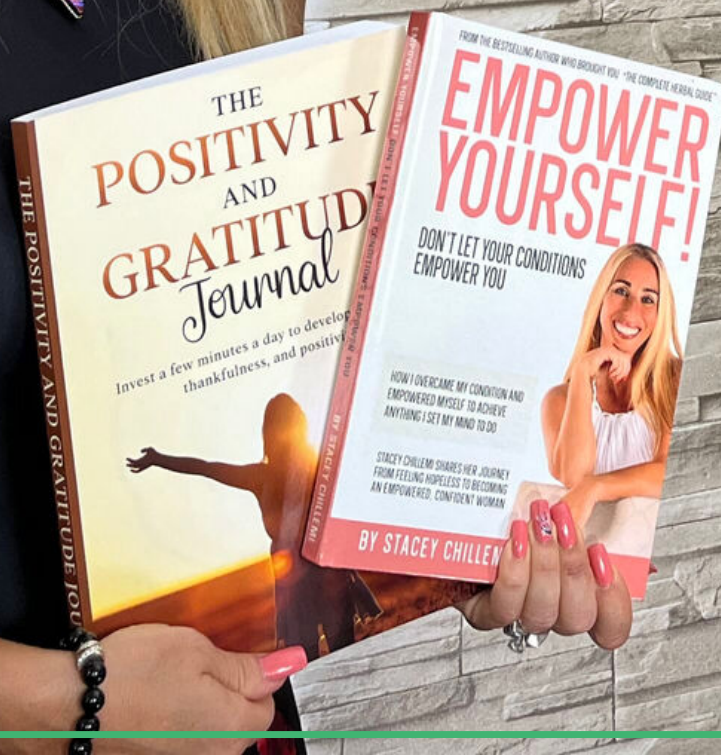
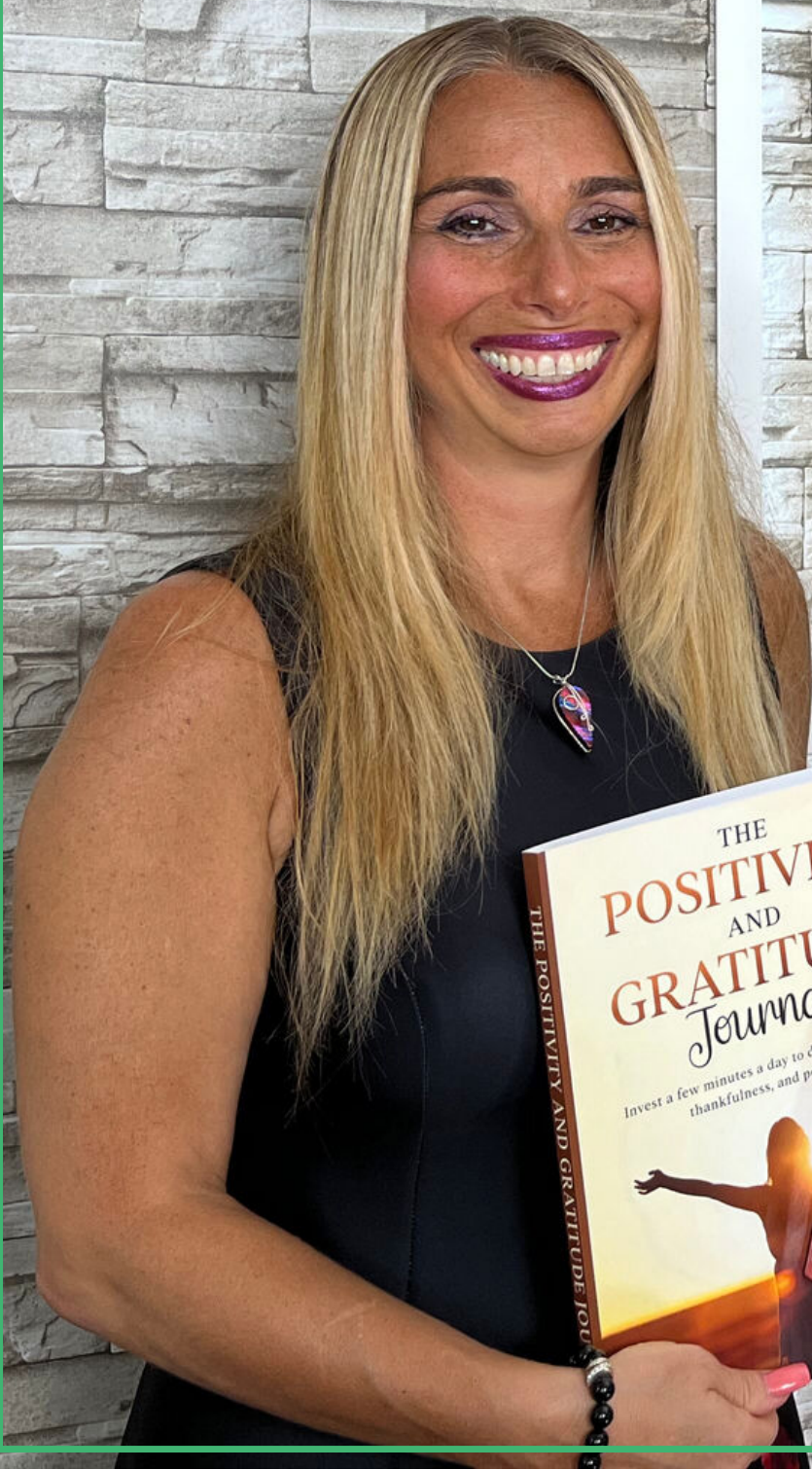
Stacey Chillemi has been a guest on the Dr. Oz Show 5 times, worked personally with Ariana Huffington, and has been on local news and numerous radio shows and podcasts. Healthline ranked her among the Top 10 Health Websites.

Stacey has also been a contributing author to...

- Jack Canfield's book Chicken Soup for the Shoppers Soul and Jack Canfield's Chicken Soup for the Recovering Soul
- Contributing author for Whispers of Inspiration

Lasted published articles:

- *Apple News: The Top 10 Females Disrupting the Health Industry in 2023* By Aimee Tariq published in Grit Daily
- *Unstoppable: How Author Stacey Chillemi Has Redefined Success While Navigating Society With Epilepsy* By Yitzi Weiner Published in Authority Magazine
- Authority Magazine recently interviewed Stacey, *Rising Through Resilience: Stacey Chillemi of The Complete Herbal Guide On The Five Things You Can Do To Become More Resilient During Turbulent Times*. An Interview by Savio P. Clemente.



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INTERVIEW TOPICS

Feel free to use the following description for the publicity of the interview.

“Empower Yourself: Don't Let Your Obstacles Empower You”

How to motivate yourself to take charge of your life and become all you can be; Why positivity plays such an important part of our health; How to become empowered and take control of your life; Healing from 12 seizures a month to none; The power of prayer; Why positivity plays such an important part of our health; How to become empowered and take control of your life.

INTERVIEW INTRODUCTION



Unlock your full potential with the help of Stacey Chillemi, a renowned author, coach, and podcaster. During her interview, she will be revealing the secrets to releasing the power within yourself.

Stacey is an Apple News featured Top 10 Coach of 2023, an entrepreneur, speaker, author, and the host of her own successful podcast, The Advisor with Stacey Chillemi. With over 20 best-selling books published, Stacey is an expert on health, self-improvement, empowerment, and positivity.

Stacey's latest book, Empower Yourself! is a must-read for anyone looking to take control of their lives and reach their full potential. She has also written for the Huffington Post and Thrive Global, and has been personally invited by Ariana Huffington to review her book on sleep deprivation and participate in a live web stream on Facebook.

Stacey has also made appearances on the Dr. Oz Show 5 times, and has been a guest on local news and numerous radio shows and podcasts. She has also worked with NBC on Dateline, News 4, and the Morning Show.

SUGGESTED INTERVIEW QUESTIONS

Can you tell us about your journey to becoming an Apple News featured Top 10 Coach of 2023?

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How do you define empowerment and how can it be achieved?

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Can you discuss your new book, Empower Yourself! and what readers can expect to learn from it?

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How do you believe positivity affects overall health and well-being?

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Can you share some tips for people looking to improve their self-confidence and self-esteem?

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How do you balance your many roles as an author, coach, entrepreneur, speaker, and podcaster?

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Can you talk about your experiences working with Ariana Huffington and the Dr. Oz Show?

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How do you stay motivated and continue to create new content for your podcast and books?

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Can you discuss any unique challenges you have faced as a female entrepreneur and how you have overcome them?

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Can you give advice to someone looking to start their own podcast or write a book?

PROMO IMAGES

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Free Offer!

Stacey would like to offer this incredible gift to your audience!

Unlock Your Potential: A Free 30-Minute Coaching Session with Stacey Chillemi

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